



Introducing the Nepal Journal of Public Health: Advancing Public Health Knowledge and Practice

Greetings to our esteemed readers, contributors, and supporters,

It is with great pleasure that we introduce the first issue of the Nepal Journal of Public Health (NJPH). The NJPH is an official publication of Central Department of Public Health, Institute of Medicine, Tribhuvan University. Our aim is to publish and disseminate novel and innovative research articles that contribute to the public health sciences, policies, practices, and outcomes. The NJPH seeks to promote interdisciplinary dialogue, support evidence-based public health practice, and inform key stakeholders in decision making at local, national, and international levels.

The NJPH is a peer-reviewed, open-access journal dedicated to advancing knowledge and fostering innovation in the field of public health. The NJPH serves as a platform for researchers, and practitioners, to share their scientific findings, experiences, and perspectives on a wide range of public health issues so as to enhance understanding, inform policy, and improve public health practices. The NJPH is committed to highlighting the role of public health in addressing health disparities, enhancing health education, and promoting sustainable health practices. The journal publishes scholarly papers/articles covering both theoretical and applied research in the area of public health and especially encourages submissions that explore innovative health interventions, implementation and policy research, and collaborative health initiatives.

The journal encourages to promote recent public health theories and practices. Public health theories are conceptual frameworks that guide the understanding of health determinants, the spread of diseases, and the influences on health behaviors and outcomes. These theories are essential in designing and implementing public health interventions (practices) by providing insights into the various factors that affect population health.

The NJPH also advocates for public health ethics within the practice of population health, addressing the challenges of promoting and protecting population health while upholding individual rights, fairness, and social justice. It emphasizes the need to balance the collective good with individual freedoms, ensuring that community-focused decisions are ethically justifiable.

The success of the NJPH is attributable to the invaluable contributions of our editorial board and advisory committee members. Their collective effort in designing the editorial structure and ensuring the journal's quality has set a strong foundation for our work. We are honored to have a diverse group of national and international experts who bring a wealth of experience and insight to the journal. We extend our heartfelt thanks to them for their commitment and support.

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We also want to acknowledge the dedication of the reviewers. Their work in reviewing manuscripts and providing constructive feedback are essential for maintaining the journal's quality and relevance. We also wish to express our gratitude to the authors who have submitted their work for this inaugural issue. Your contributions are the cornerstone of the journal, and we are excited to share your research with our readers.

So far, we have planned to publish the journal twice a year. However, due to the overwhelming response from authors, we are considering increasing the number of issues annually. Stay tuned for potential additional issues. However, our primary focus remains on the quality of the papers rather than the quantity or volume. As we embark on this journey, we welcome feedback and suggestions to help us continuously improve and serve our readers effectively. We look forward to your continued engagement and support as we advance the field of public health through the NJPH.